

OHMS 7th Football Information 2023



Coaches:

Coach Richter 7A: ryan.richter@austinisd.org
Coach McNally 7A: patrick.mcnally@austinisd.org

Coach McNally 7B: patrick.mcnally@austinisd.org
Coach Gray 7B: scott.gray@austinisd.org

Before trying out:

- -You must have a [CURRENT AISD physical](#) (dated after April 15th, 2023) in order to try out. [PHYSICAL FORMS](#) (here) or are in the front office, and they must be filled out in their entirety (*students and parents must sign the Participation Form and explain any "yes" marked questions*).
- -**You must complete all [Rank One UIL Online Forms](#) before participation**
[Rank One Instructions](#) (if needed)
- [Athletic Contract](#) (please sign and return)

Early Equipment Handout:

If you have all physical forms and rank one complete, we will issue football equipment and locker on Derby Day (Friday, August 12th from 4pm-7pm) if you don't have the forms completed, you must wait to get your locker/equipment once completed. We will issue equipment on Monday after school as well.

7th Grade Practice times: *Our first practice day will be Tuesday, August 16th at 7am (doors to locker room will open at 6:45am). We will practice every day for the first two weeks (in order to get our UIL required practice dates in).* After the first two weeks we will practice early only on days we have our 1st period Athletics class, so no practices on Thursdays (for 7th grade).

7th grade STACK TEAM app: Please download the Stack Team app for the latest communications concerning practices, game changes, etc. We will use this for quick communications once we begin.

7th O.Henry Football 2023 now has their own smartphone app which is 100% FREE to join. It will keep you updated with all the latest news and events plus much more.

To get the full features of this app please go to the App Store or Google Play and download Stack Team App onto your mobile device, then follow these simple steps:

1. Sign-up to Stack Team App. You'll be sent an e-mail to activate your account.
2. Log-in and search for 7th O.Henry Football 2023, then request to become a member.

[2023 Football Schedule](#)

7th A Football Jersey Roster (link will be provided once rosters are set)

7th B Football Jersey Roster

Items you'll need to start: forms completed, O.Henry athletic tee and shorts, cleats (please initial somewhere), mouthpiece if you have braces, a towel and any items needed for showering. Any personal football equipment must be two years or newer and approved by coaching staff.

Games: -7th grade games will start at 6:00pm for both A and B groups unless otherwise stated

Tickets to games at Burger/House Park: (A team games)

Purchase tickets online via the Austin ISD Athletic app or from the [GoFan website](#). Tickets will not be sold on campus or at the event. (this ticket info may change as it was last seasons information)

All visitors are required to follow the [clear bag policy](#):

- Approved bags must be clear and not exceed 12 in. (by 6 in. by 12 in.) or be a clear one-gallon resealable plastic freezer storage bag.
- One per person. Bags must be clear plastic, vinyl or PVC and have a maximum of one logo imprint not exceeding 4.5 in. tall x 3.4 in. wide.

Gamedays: We will keep all players playing with us for HOME/AWAY games and do a study hall and

have a light snack (that each student will need to bring if we don't have team meals) before we get ready for the game.

Uniform: Players will receive a game jersey before the game starts and will return the jersey after the game is over to be washed. We will wear our black practice pants as our game pants.

Transportation: There will be buses provided, masks must be worn the duration of the bus ride. Any students wishing to leave with their parents after the game must check out with the coach prior to doing so.

Water: Athletes are expected to bring their own personalized water bottles to practice and to games.

Injuries: Throughout the season there will be injuries that happen. Please communicate any injuries that your student athlete gets with us (assuming it's not a serious injury) so we can direct you to the Athletic Trainer at Austin High School for best possible treatment.

If you go to a doctor, your student athlete must have a doctor's clearance letter before returning to practice/games.

Please feel free to contact us through email or the Stack Team app if you have any questions.