

FAQ about Athletics at O.Henry

1. What sports does O. Henry offer? **Cross Country (6-8), Volleyball, Football, Soccer, Basketball, Track, Ultimate (6-8), Golf (6-8), Lacrosse (6-8), Tennis (6-8)**
2. Why are only certain sports offered as Athletics class? **Only football, volleyball and girls/boys basketball require the student athlete to be in an Athletics class, all other sports are before/after school practices which do not require Athletics. An AISD physical is required in order to participate in an Athletics class.**
3. Can we get PE credit for the other sports? **Yes, but Athletics is only for students planning to participate in a sport for O.Henry.**
4. What are the seasons for the sports?
Fall - Cross Country, Football, Volleyball, Girls Basketball, Boys Soccer, 6th-Tennis
Spring - Boys Basketball, Girls Soccer, Track, Girls Lacrosse, 7/8 Tennis, Golf, Ultimate.
5. Can I compete in more than one sport? **Yes, we encourage students to participate in as many sports as they'd like. What if the seasons overlap? Some spring sports (Track, Lacrosse, Ultimate, Golf) overlap but our coaches are flexible if an athlete chooses to do multiple sports.**
6. What day/time are games played for the sports? **It varies per sport and/or A, B or C teams (football-Monday, Tuesday, or Wednesday's each week); Volleyball (Thursday); Cross Country (Saturday); Soccers (Saturday); Basketball (Thursday); Track (varies); Ultimate (Saturday); Golf (weekdays); Tennis (weekdays).**
7. Morning Practices: What time do they start? **7th grade football, volleyball and both basketballs start at 7am sharp. Is it the same time for all sports? All sports that don't require an Athletic period choose their own start times, most are after school practices with the exception of Track (7th grade) and Cross Country. What if I can't get here that early? Unfortunately you will be unable to participate in the 7th grade.**
8. After school Practices: What time do they end? **All after school practices end at 4:45 to allow students to catch the late buses. Is it the same time for all sports? What if I can't stay that late? Unfortunately you'd be unable to participate. Do you give bus passes? We offer late bus passes to any student who needs them that are at practice.**
9. What happens if I sign up for Athletics and don't make the team? **If you try out, you will make a team. There are no cuts at O.Henry. Practice times may vary depending on the team that you make.**
10. My physical is dated before April 15, 2021, but it is good for the rest of the year. Do I still need to get a new one? **Yes, AISD policy is to have ALL physicals dated after April 15th of each year so staff knows they will be good for each sport all calendar year.**

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11. Where can I get the paperwork for the physical? <https://www.austinisd.org/athletics/forms>

Year-long Sports Seasons Schedule