

# OHMS 7th Football Information 2025



## Coaches:

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## Before trying out:

- -You must have a [CURRENT AISD physical](#) (signed/dated after April 15th, 2025) in order to try out. [PHYSICAL FORMS \(click me\)](#) or are in the front office, and they must be filled out in their entirety (e.g., *students and parents must sign the Participation Form; explain any "yes" marked questions in medical history; complete Emergency Card*).
- -***You must complete all [Rank One UIL Online Forms](#) before participation***

[Rank One Instructions \(click me\)](#) (if needed)

## Early Equipment Handout:

ONLY IF you have all physical forms *and* Rank One forms completed, we will issue football equipment and locker ([please bring your own lock](#)) on Derby Day (Friday, August 15th from 3:30PM-6PM).

**NO COMPLETED FORMS = NO EQUIPMENT**

*We will continue issuing equipment Tuesday, 8/19 AFTER SCHOOL for those who did not get theirs on Derby Day.*

**7th Grade Practice times:** *Our first practice day will be Wednesday, August 20th - dressed and on the field promptly at 7am (doors to locker room will open at 6:45am). Please drop off along Exposition and NOT in the coaches parking lot. [We will practice every single school day for the first THREE weeks @ 7am in order to get our UIL required practice dates in \(Aug 20 - Sept 5\).](#) After the first three weeks we will practice only on days we have our 1st period Athletics class, so NO practices on Thursdays (for 7th grade).*

**7th grade STACK TEAM app:** Please download the Stack Team app for the latest communications concerning practices, game changes, etc. We will use this for quick communications once we begin. **OHMS 7 FOOTBALL 2025** now has their own smartphone app which is 100% FREE to join. It

will keep you updated with all the latest news and events plus much more.

To get the full features of this app please go to the App Store or Google Play and download Stack Team App onto your mobile device, then follow these simple steps:

1. Sign-up to Stack Team App. You'll be sent an e-mail to activate your account.
2. Log-in and search for **OHMS 7 FOOTBALL 2025**, then request to become a member.

## [2025 A Football Schedule \(click\)](#)

## [2025 B Football Schedule \(click\)](#)

## [7th A Football Jersey Roster](#) (coming soon)

## [7th B Football Jersey Roster](#) (coming soon)

**Items you'll need to start:** forms completed, O.Henry athletic tee (purchased at Mustang Mall and black shorts, cleats (please initial somewhere with permanent marker), mouthpiece if you have braces, a towel and any items needed for showering. Any personal football equipment must be two years or newer and approved by coaching staff.

**Games:** -7th grade games will start at 6:00pm for both A and B groups unless otherwise stated

### **Tickets to games at Burger/House Park/Nelson: (A team games)**

Purchase tickets online via the [Hometown fan app](#). Tickets will not be sold on campus or at the event.

All visitors are required to follow the [clear bag policy](#):

- Approved bags must be clear and not exceed 12 in. (by 6 in. by 12 in.) or be a clear one-gallon resealable plastic freezer storage bag.
- One per person. Bags must be clear plastic, vinyl or PVC and have a maximum of one logo imprint not exceeding 4.5 in. tall x 3.4 in. wide.

**Gamedays:** We will keep all players playing with us for HOME/AWAY games and do a study hall and have a light snack (that each student will need to bring if we don't have team meals) before we get ready for the game.

**Uniform:** Players will receive a game jersey before the game starts and will return the jersey after the game is over to be washed. We will wear our black practice pants as our game pants.

**Transportation:** There will be buses provided, students are encouraged to leave with their parents after the game, they must check out with the coach prior to doing so.

**Water:** Athletes are expected to bring their own personalized water bottles to practice and to games. Please encourage them to hydrate throughout the school day!

**Injuries:** Throughout the season there will be injuries that happen. Please communicate any injuries that your student athlete gets with us (assuming it's not a serious injury) so we can direct you to the Athletic Trainer at Austin High School for best possible treatment.

*If you go to a doctor, your student athlete must have a doctor's clearance letter before returning to practice/games.*

Please feel free to contact us through email or the Stack Team app if you have any questions.